

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Therapy
Skills Category	Facilitation of Client and Caregiver Training
Skills Standard Title	Conduct Client and Caregiver Training (CGT)
Skills Standard Descriptor	Educate client and caregiver about client conditions, and train them in relevant areas of client training to improve/maintain client conditions under guidance of therapist.
Skills Proficiency Level	Level 3 <i>Previously 'Advanced under CCSSF'</i>
Source Code	CCSSF-T-FOCACT-4002-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Objective of Caregiver Training (CGT) • Training components of CGT which may include (not limited to): ○ Basic Activities of Daily Living (BADL) ○ Instrumental Activities of Daily Living (IADL) ○ Mobility training ○ Use of assistive device ○ Environment safety • Medical condition and contraindication • Training delivery which may include (not limited to): ○ Explanation ○ Demonstration ○ Practice with client • Types of assistive devices which may include (not limited to): ○ Wheelchair ○ Walking aids • Training aids which may include (not limited to): ○ Brochures ○ Handouts ○ Notes • Importance of communication. • Types of communication. • Organisational policies and procedures which may include (not limited to): ○ Conducting client and caregiver training (CGT) ○ Communicating with client ○ Incident management ○ Assisting in interventions in consultation with qualified personnel ○ Reinstating all tools and equipment used • Provisions of National Infection Prevention and Control Guidelines for Long-Term Care Facilities (2018), which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection ○ Outbreak ○ Hand hygiene • Relevant legal and/or industrial requirements in relation to support

	care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health) ○ Allied Health Professions Council (AHPC) guidelines on supervision and delegation of tasks to therapy support staff
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: • Interpret client medical condition, contraindication and functional status from therapist in accordance with organisational procedure. • Interpret the necessary caregiver training component required for client from therapist in accordance with organisational procedure. • Prepare set-up for training as instructed by therapist in accordance with organizational procedure • Ensure equipment/assistive device in good working condition in accordance with organisational procedure. • Prepare educational materials – brochures and notes in accordance with organisational procedure. • Prepare environment for training in accordance with organisational procedure. • Explain the objective of CGT to clients and caregivers in accordance with organisational procedure. • Perform demonstration of training tasks during training in accordance with organisational procedure. • Ensure clients and caregiver perform the training tasks safely during training in accordance with organisational procedure. • Monitor and provide status of training (eg caregiver's competencies, client participation level) for therapist in accordance with organisational procedure. • Reinstate training area in accordance with organisational procedure.
Person-Centred Care <i>This refers to having a person centred care mind set to drive the care giver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: • Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services • To be mindful of client's need of reassurance
Performance Outcome <i>This refers to the outcome of</i>	• The support care staff is able to conduct client and caregiver training (CGT) in a manner that is respectful of client's dignity,

*the task on the care recipient
as indication of workplace
success*

taking into consideration his/her condition, preferences and comfort level.